

# SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH  
7 - 8:30 p.m. ON ZOOM

From relationships to spirituality, meditation to co-dependency, sexuality to self-care, speakers cover topics of universal concern to women seeking to supplement their programs of recovery.

## 2021 Speaker Series Schedule

DATE	SPEAKER	TOPIC
Jan 27	<i>Paula Hutchinson &amp; Abby Sue Fisher</i>	Letters From God: Intuiting and Experiencing Our Higher Power
Feb 24	<i>Polly Pistole</i>	Emotional Sobriety
Mar 24	<i>Catherine Mollner</i>	Body Awareness: Paying Attention to Bodily Sensations for Healing and Resilience
Apr 28	<i>Mariann Johnson</i>	Mindfulness, Wellbeing, and Recovery
May 26	<i>Sponsorship Panel</i>	Sponsorship
Jun 23	<i>Geri Chavis</i>	Poetry Therapy: Poetic Expressions for Growth and Healing
Jul 28	<i>Mary Hayes Grieco</i>	Forgiveness: A Life Skill, Good Health Habit, and Key to Inner Freedom
Aug 25	<i>Susan Lessley</i>	Love Addiction and Love Avoidance
Sep 22	<i>Dar Kvist</i>	Nutrition for Sobriety
Oct 27	<i>Barbara McAfee</i>	Community Sing: Enlivening Our Spirit with Song