# Keeping the Lights On

A weekend retreat with Roger B.

Now that we've made some progress working the Steps, how do we keep it going? How do we keep growing? Exploration of Steps 10-12 makes this possible. There is only ONE problem...our thoughts. Sometimes our thoughts tell us that since we are doing better than where we were previously, we don't need to do anything further. What are the thoughts we currently have that separate us from the solution, recovery, and the Power?

We will explore these questions, and move beyond these obstacles, together.

# \$255/person

includes lodging, food & materials. Scholarship funds are available.

# JAN 1 - 3, 2021

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN Noon SUNDAY // CHECKOUT

### WHERE

The McIver Center at The Retreat 1351 Wayzata Boulevard East, Wayzata, MN

#### REGISTER

Complete the reverse side of this flyer. Space is limited.

# ATTENDEES WILL EXPERIENCE

- An opportunity to retreat from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of spiritual practices
- **Nourishment**, with meals prepared by our award-winning chef



**ROGER** has been active in 12 Step recovery for more than 41 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION CONTACT

Chris or Sherry @ 952.476.0566

TheRetreat.org



# Keeping the Lights On A weekend retreat with Roger B.

## PLEASE SIGN ME UP!

If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

LAST NAME	FIRST NAME
ORGANIZATION	TITLE
ADDRESS	
CITY / STATE / ZIP	
DAY PHONE	MOBILE PHONE
EMAIL ADDRESS	
\$255/person includes lodging, food & materials. Scholarship funds are available.	\$50 of this fee is a non-refundable/ non-transferrable deposit
My check made payable to The Retreat is enclosed.	
Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$	
CREDIT CARD #	EXP/ DATE
NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE	

Please make your payment along with completed Registration Form to the address below:

1221 Wayzata Boulevard East Wayzata MN 55391 952.476.0566 or 1.877.446.9283

FAX: 952.404.7208 theretreat.org

### Keeping the Lights On Weekend retreat with Roger B.

Friday, January 1 – Sunday, January 3, 2021 Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday The McIver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

the retreat