

# Freedom From The Past

A weekend retreat with Roger B.

How do the Steps lead us to Freedom from the past? From harms done to me? From Hurts I've caused others. When we go through the recovery process, eventually we have to take it ALL through the Steps. We find resistance when we are afraid of what will happen when God, or our Higher Power, removes our attachment to these things. Our biggest challenge is to be honest about what is standing between us and God. During this weekend we will explore the Freedom to forgive ourselves and others, and grow into the person we are meant to become.

**\$275/person**

includes lodging, food & materials.  
Scholarship funds are available.

**Dec 30, 2022- Jan 1, 2023**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN

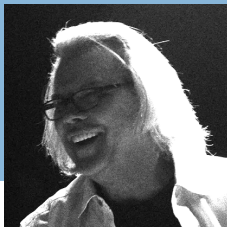
Noon SUNDAY // CHECKOUT

## WHERE

The Mclver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer. Space is limited.  
*A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.*



ROGER has been active in 12 Step recovery for more than 43 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef

FOR MORE INFORMATION  
CONTACT

**Chris or Sherry @ 952.476.0566**  
**TheRetreat.org**

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If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

PLEASE SIGN ME UP!

LAST NAME FIRST NAME

ORGANIZATION TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE MOBILE PHONE

EMAIL ADDRESS

**\$275/person** includes lodging, food & materials.  
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*\$50 of this fee is a non-refundable/  
non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**  
1221 Wayzata Boulevard East  
Wayzata MN 55391  
952.476.0566 or 1.877.446.9283  
FAX : 952.404.7208  
theretreat.org

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Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday  
The Mclver Center at The Retreat  
1351 Wayzata Blvd. E. | Wayzata, MN

**SPONSORED BY : The Retreat**

