

# Getting In The Flow: Life's Power and Meaning

A weekend retreat with Roger B.

We often carry around many questions. Who am I? What is my purpose here? Is there something more? Is there a flow to all of this? If so, what could it be? Chi? Life Force? Nature? The Universe? This weekend we will look at the obstacles that stand in the way of a universal healing available to all of us. The only question remaining will become "Am I willing to say 'YES' to the adventure?"

**\$275/person**

includes lodging, food & materials.  
Scholarship funds are available.

**July 29-31, 2022**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN  
Noon SUNDAY // CHECKOUT

## WHERE

The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer. Space is limited.  
*A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.*

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef



**ROGER** has been active in 12 Step recovery for more than 43 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION  
CONTACT

**Chris or Sherry @ 952.476.0566**  
**TheRetreat.org**

# Getting In The Flow: Life's Power and Meaning

A weekend retreat with Roger B.

*If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.*

PLEASE SIGN ME UP!

LAST NAME

FIRST NAME

ORGANIZATION

TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE

MOBILE PHONE

EMAIL ADDRESS

**\$275/person**

includes lodging, food & materials.  
Scholarship funds are available.

*\$50 of this fee is a non-refundable/  
non-transferrable deposit*

☐ My check made payable to The Retreat is enclosed.

☐ Please charge my VISA/MASTERCARD/DISCOVER/AMEX

\$

CREDIT CARD #

EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**

1221 Wayzata Boulevard East

Wayzata MN 55391

952.476.0566 or 1.877.446.9283

FAX : 952.404.7208

theretreat.org

**Getting In The Flow: Life's Power and Meaning**

**Weekend retreat with Roger B.**

Friday, July 29 – Sunday, July 31, 2022

Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday

The McIver Center at The Retreat

1351 Wayzata Blvd. E. | Wayzata, MN

**SPONSORED BY : The Retreat**



the retreat