

Sought Through Prayer & Meditation

An 11th Step retreat with Sherry Gaugler-Stewart

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Step 11 speaks of improving our conscious contact with our Higher Power, which isn't easy to do if we don't take time and space to intentionally focus on and strengthen that relationship. This retreat will be an opportunity to renew and deepen our commitment to this Relationship and our program by focusing on Step 11—practicing prayer, meditation, and quiet reflection throughout the weekend.

\$275/person

includes lodging, food & materials.
Scholarship funds are available.

Sept 29 - Oct 1, 2023

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN

1:00pm SUNDAY // CHECKOUT

WHERE

The Mclver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer.

Space is limited. *A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.*

ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** and community with others on this spiritual path
- Exploration of **spiritual practices**
- Time for **reflection** to create space for growth
- **Nourishment**, with meals prepared by our award-winning chef



SHERRY GAUGLER-STEWART // DIRECTOR OF FAMILY & SPIRITUAL RECOVERY Sherry has worked with the Family Program at The Retreat since it first started, is a trained Spiritual Director, and a meditation teacher. She has been personally involved in her own recovery journey for over two decades. Sherry has led 11th Step retreats locally and in Bermuda. She is passionate about the topic of meditation and about helping others explore and experience meditation for themselves.

FOR MORE INFORMATION
CONTACT

Chris or Sherry @ 952.476.0566
TheRetreat.org

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PLEASE SIGN ME UP!

If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

LAST NAME

FIRST NAME

ORGANIZATION

TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE

MOBILE PHONE

EMAIL ADDRESS

\$275/person

includes lodging, food & materials.
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*\$75 of this fee is a non-refundable/
non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX

\$

CREDIT CARD #

EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

The Retreat

1221 Wayzata Boulevard East

Wayzata MN 55391

952.476.0566 or 1.877.446.9283

FAX : 952.404.7208

theretreat.org

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Friday, September 29 - Sunday, October 1, 2023

Check-in 4:00 - 5:30pm on Friday | Check-out 1:00pm on

Sunday The McIver Center at The Retreat

1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat



the retreat