

# Recovering Hope

Using the 12 Steps to Find Healing when You've Lost a Loved One to Addiction

For those who have lost a loved one to the disease of alcoholism or addiction, the thought that there ever may be healing feels difficult to grasp. This type of loss brings a complicated grief, often with a confusing and overwhelming contradiction of emotions. It is difficult to know where to turn. This weekend retreat will offer support through the use of the tools found in 12 Step recovery, and will be led by facilitators who have used them to walk through their own loss, and who have been helping others on this journey since 2016.

**\$275/person**

includes lodging, food & materials.  
Scholarship funds are available.

**August 23-25, 2024**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN  
Noon SUNDAY // CHECKOUT

## WHERE

The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer. Space is limited.  
*A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.*

## RETREAT FACILITATORS

HOLLI R. AND JAY R. are in long-term recovery, Holli in AA and Jay in Al-Anon. Together they have experience teaching, facilitating, and the gift of being with people at a heart level.

In 2006, Jay and Holli lost their beautiful daughter, Jenna, to an overdose. Through their individual recovery journeys, and other grief support, they found a way to walk through their extremely difficult loss toward healing and hope, and openly share their experiences with others.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this same journey, including group discussion
- **Nourishment**, with meals prepared by our award-winning chef

FOR MORE INFORMATION  
CONTACT

Jen or Sherry @ 952.476.0566  
[TheRetreat.org](http://TheRetreat.org)

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*If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.*

PLEASE SIGN ME UP!

LAST NAME

FIRST NAME

ORGANIZATION

TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE

MOBILE PHONE

EMAIL ADDRESS

**\$275/person**

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*\$75 of this fee is a non-refundable/non-transferrable deposit*

☐ My check made payable to The Retreat is enclosed.

☐ Please charge my VISA/MASTERCARD/DISCOVER/AMEX

\$

CREDIT CARD #

EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**

1221 Wayzata Boulevard East

Wayzata MN 55391

952.476.0566 or 1.877.446.9283

FAX : 952.404.7208

theretreat.org

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Friday, August 23 – Sunday, August 25, 2024

Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday

The McIver Center at The Retreat

1351 Wayzata Blvd. E. | Wayzata, MN

**SPONSORED BY : The Retreat**



the retreat