## **Decoding The Big Book**

A Big Book Study weekend retreat with Roger B.

It's not a mystery and it's not magic. It's a PROCESS! The Big Book is a map, not a miracle. It's really quite practical! When you boil it down the 12 Step are a set of spiritual exercises. When they are practiced as a lifestyle, they will lead us to understanding, awareness, and eventually a Spiritual Awakening. That's the goal!

The question becomes, "How do I find myself in this book?" This weekend will be an opportunity to find resonance with the ideas and concepts in the Big Book, finding solutions through understanding the emotional landscape described in the first 7 chapters. We won't necessarily spend time delving in to what we already agree with, but, instead, get more clarity on what we don't, which is the process to help us get to the other side of those things that block us.

\$325/person

includes lodging, food & materials. Scholarship funds are available.

### Oct 24-26, 2025

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN NOON SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat 1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer. Space is limited. A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.

## ATTENDEES WILL EXPERIENCE

- •An opportunity to **retreat** from the pull of the daily distractions in our lives
- •Connection with others on this spiritual path, including group discussion
- •Exploration of **spiritual practices**
- •Nourishment, with meals prepared by our award-winning chef



ROGER has been active in 12 Step recovery for more than 46 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION CONTACT Jen or Sherry @ 952.476.0566 TheRetreat.org



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#### PLEASE SIGN ME UP!

If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

EAST NAME	FIRST NAME
ORGANIZATION	TITLE
ADDRESS	
CITY/STATE/ZIP	
DAY PHONE	MOBILE PHONE
EMAIL ADDRESS	
\$325/person includes lodging, food & materials. Scholarship funds are available.	\$75 of this fee is a non-refundable/non- transferrable deposit
My check made payable to The Retreat is enclosed.	
Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$	
CREDIT CARD #	EXP/ DATE
NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE	

Please make your payment along with completed Registration Form to the address below:

#### **The Retreat**

1221 Wayzata Boulevard East Wayzata MN 55391 952.476.0566 or 1.877.446.9283

FAX: 952.404.7208 theretreat.org

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Friday, October 24 - Sunday, October 26, 2025 Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday The McIver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

the retreat