

# “Keeping the Lights On”

- Date:** Friday, October 25<sup>th</sup> – Sunday, October 27<sup>th</sup> , 2019
- When:** Check-in from 4:00 p.m. – 5:30 p.m. on Friday  
Check-out at noon on Sunday
- Where:** The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN
- Fee:** \$255, which includes lodging, food and materials.  
Scholarship funds are available.
- Register:** Complete the reverse side of this flyer. Space is limited.

## ***A Weekend Retreat with Roger B.***

Now that we’ve made some progress working the Steps, how do we keep it going? How do we keep growing? Exploration of steps 10-12 makes this possible. There is only ONE problem...our thoughts. Sometimes our thoughts tell us that since we are doing better than where we were previously, we don’t need to do anything further. What are the thoughts we currently have that separate us from the solution, recovery, and the Power?

We will explore these questions, and move beyond these obstacles, together.



Roger has been active in 12 Step recovery for 40 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues “to seek”, as directed in the 11<sup>th</sup> Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

### Attendees will experience:

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef

  
the retreat



the retreat

**Registration Form**  
**“Keeping the Lights On” Retreat Weekend**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Organization: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Retreat Fee: \$255 (\$50 of this fee is a non-refundable/non-transferrable deposit)**

**My check made payable to The Retreat is enclosed.**

**Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$ \_\_\_\_\_**

**CC#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_**

**Name and Address of Cardholder (if different from above):**

\_\_\_\_\_

Please make your payment along with the completed Registration Form to the address below:

The Retreat | 1221 Wayzata Boulevard East | Wayzata | MN | 55391  
952.476.0566 or 1.877.446.9283 Fax: 952.404.7208 [www.theretreat.org](http://www.theretreat.org)

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**Weekend Retreat with Roger B.**

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**The McIver Center at The Retreat, 1351 Wayzata Blvd. E., Wayzata**

**Sponsored by: The Retreat**