

# “The Trap of the False Self”

- Date:** Friday, April 26<sup>th</sup> – Sunday, April 28<sup>th</sup>, 2019
- When:** Check-in from 4:00 p.m. – 5:30 p.m. on Friday,  
Check-out noon on Sunday
- Where:** The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN
- Fee:** \$255, which includes lodging, food and materials.  
Scholarship funds are available.
- Register:** Complete the reverse side of this flyer. Space is limited.

## ***A weekend retreat with Roger B.!***

During this weekend retreat, we will explore our False Self which is always concerned with the external. It's always driven by the thoughts of “I am what I do. I am what I have. I am what you think of me.” - living in the illusion that we are separate from each other and from God. Where does that thinking come from? And what are some alternatives to this way of thinking? How do we evolve from living in an emptiness (that is never satisfied) as the result of trying to address an infinite need with a finite solution.

This weekend retreat is open to all 12 Step programs.



**Roger** has been active in 12 Step recovery for 40 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues “to seek”, as directed in the 11<sup>th</sup> Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada

### Attendees will experience:

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Time for **reflection** to create space for movement from fear to freedom
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef



the retreat

**Registration Form**  
**“The Trap of the False Self” Retreat Weekend**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Organization: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Retreat Fee: \$255 (\$50 of this fee is a non-refundable/non-transferrable deposit)**

**My check made payable to The Retreat is enclosed.**

**Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$ \_\_\_\_\_**

**CC#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_**

**Name and Address of Cardholder (if different from above):**

\_\_\_\_\_

Please make your payment along with the completed Registration Form to the address below:

The Retreat | 1221 Wayzata Boulevard East | Wayzata | MN | 55391  
952.476.0566 or 1.877.446.9283 Fax: 952.404.7208 [www.theretreat.org](http://www.theretreat.org)

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**Weekend Retreat with Roger B.**

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**The McIver Center at The Retreat, 1351 Wayzata Blvd. E., Wayzata**

**Sponsored by: The Retreat**