

# 55 Plus Book Study

## 52 Ways to Live the Course in Miracles

Cultivate a Simpler, Slower, More Love-Filled Life  
by Karen Casey

This is a book that will change your life. It will take you on a journey that will enable you to embrace kindness, gratitude, and serenity. Indeed, walking this path of the spirit will bring you into a life of inner peace and deep joy.

**FRIDAYS** starting  
AUG 2, 2019

### SCHEDULE

9:00am - 9:55am

*Prior to the 10am 55 Plus  
AA Meeting across the hall*

### WHERE

The Retreat

*Front right meeting room*

### WHAT

Mixed study group

*Men and women invited*

INITIALLY FACILITATED BY DEDE ARMSTRONG

FOR MORE INFORMATION

Dede 952.476.0566 or 612.619.7595

darmstrong@thretreat.org

TheRetreat.org

