

# Relationships as a Spiritual Practice

A weekend retreat with Sherry Gaugler-Stewart and Ken Stewart

Many of us have found that implementing the principles found in the 12 Steps have helped us in our lives, but not necessarily our relationships. How to live successfully with others can be found within our Traditions. The Traditions are based in unity, which is a cherished quality in the fellowships of AA and Al-Anon. Although, originally created to help promote growth and harmony in the group setting, they have been found to be guidelines for our behavior. This retreat will focus on the use and application of the 12 Traditions to heal and enrich all relationships. This is not limited to couples. The ideas and principles used have been found to work for all.

**\$255/person**

includes lodging, food & materials.  
Scholarship funds are available.

**APRIL 24 - 26, 2020**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN

1:00pm SUNDAY // CHECKOUT

## WHERE

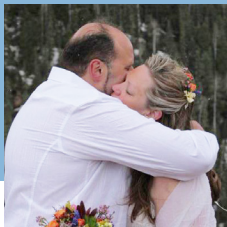
The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer.  
Space is limited.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices** to use individually and in connection with others
- **Nourishment**, with meals prepared by our award-winning chef



**KEN AND SHERRY** are husband and wife, co-workers and friends—plenty of relationships just between the two of them! Both have studied the Traditions with sponsors and sponsees and in a couple's group they attend monthly. They strive to keep God in the center of their relationship, and are constantly learning and growing in this practice. They previously hosted a monthly meeting at The Retreat with the same topic name.

FOR MORE INFORMATION  
CONTACT

**Chris or Sherry @ 952.476.0566**  
**TheRetreat.org**

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PLEASE SIGN ME UP!

*If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.*

LAST NAME

FIRST NAME

ORGANIZATION

TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE

MOBILE PHONE

EMAIL ADDRESS

**\$255/person**

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*\$50 of this fee is a non-refundable/  
non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX

\$

CREDIT CARD #

EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**

1221 Wayzata Boulevard East

Wayzata MN 55391

952.476.0566 or 1.877.446.9283

FAX : 952.404.7208

theretreat.org

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Friday, April 24 – Sunday, April 26, 2020

Check-in 4:00 – 5:30pm on Friday | Check-out 1:00pm on Sunday

The McIver Center at The Retreat

1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

