Starting Over

A weekend retreat with Roger B.

It feels like a daunting task: starting over. Although there are little ways that we start over each day, there are other experiences that can feel overwhelming, be it a relapse, an illness, the end of a relationship, career losses, or issues with getting older. How do we not get lost in the pain, grief, and loss in our lives? How do we accept life on life's terms, and discover the richness in each experience?

We don't have to do this alone! We can allow our relationship with our Higher Power/God/Truth/Creator to help us along the way, as well as the others surrounding us on this journey. This weekend will be an opportunity to challenge ourselves to be humble, and to learn the lessons imbedded in the difficult times so that we can continue to grow and begin anew!

\$325/person includes lodging, food & materials. Scholarship funds are available.

Aug 1-3, 2025

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN NOON SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat 1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer. Space is limited. A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.

ATTENDEES WILL EXPERIENCE

- •An opportunity to **retreat** from the pull of the daily distractions in our lives
- •Connection with others on this spiritual path, including group discussion
- •Exploration of **spiritual practices**
- •Nourishment, with meals prepared by our award-winning chef



ROGER has been active in 12 Step recovery for more than 46 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION CONTACT Jen or Sherry @ 952.476.0566 TheRetreat.org



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PLEASE SIGN ME UP!

If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

LAST NAME	FIRST NAME
ORGANIZATION	TITLE
ADDRESS	
CITY / STATE / ZIP	
DAY PHONE	MOBILE PHONE
EMAIL ADDRESS	
\$325/person includes lodging, food & materials. Scholarship funds are available.	\$75 of this fee is a non-refundable/non- transferrable deposit
My check made payable to The Retreat is enclosed.	
Please charge my VISA/MASTERCARD/DISCOVER/AMEX	
CREDIT CARD #	EXP/ DATE
NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE	
Please make your payment along with completed Registration Form to the address below: The Retreat	
1221 Wayzata Boulevard East	
Wayzata MN 55391	
952.476.0566 or 1.877.446.9283	
FAX: 952.404.7208	
theretreat.org	

Starting Over Weekend retreat with Roger B. Friday, August 1 - Sunday, August 3, 2025 Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday The McIver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

