



WOMEN  
IN  
RECOVERY

# BOOK GROUPS

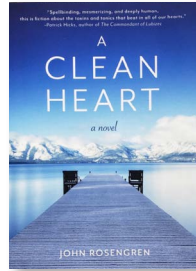
SECOND THURSDAY OF THE MONTH  
6:30 - 8<sup>p.m.</sup> CDT ON ZOOM



## LEARN • GROW • CONNECT

The mission of Women in Recovery is to create a caring community that provides education and spiritual growth opportunities for women in 12-step recovery programs.

Due to the ongoing need to gather virtually, **WIR HAS CONSOLIDATED OUR BOOK GROUPS** to meet on the 2nd Thursday of the month through 2021.



### A CLEAN HEART: A NOVEL

by John Rosengren

Set in 1991 in the early days of chemical dependency treatment, this novel follows the daily routine of a young counselor at a teen treatment facility. The book provides a wealth of details and insight into the daily life and struggles of both staff and residents at a typical treatment center of the time. Rosengren went through treatment himself at age 17 and has been clean and sober since 1981.

APRIL 8

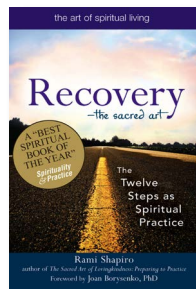


### UNTAMED

by Glennon Doyle

We strive so mightily to be good: good partners, daughters, mothers, employees, and friends. We hope all this striving will make us feel alive. Instead, it leaves us feeling weary, stuck, overwhelmed, and underwhelmed. Doyle explores the joy and peace we discover when we stop striving to meet others' expectations and start trusting the voice deep within us.

MAY 13



### RECOVERY— THE SACRED ART: THE TWELVE STEPS AS SPIRITUAL PRACTICE

by Rami Shapiro

Shapiro gives his personal experience working the Twelve Steps as adapted by OA and shares anecdotes from those working the steps in a variety of settings. Drawing on insights and practices of Christianity, Judaism, Buddhism, Taoism, Hinduism, and Islam, he offers practices from various religious traditions to help you move deeply into the universal spirituality of the 12-step system.

JUNE 10



MEETING ID: 960 1987 0049 • PASSWORD: 285289  
LINK: [zoom.us/j/96019870049](https://zoom.us/j/96019870049) • PHONE-IN: 312.626.6799

[www.theretreat.org/women-in-recovery](http://www.theretreat.org/women-in-recovery) | [WIR@theretreat.org](mailto:WIR@theretreat.org) | [fb/insta: @WomenInRecoveryMN](https://fb.com/WomenInRecoveryMN)