



WOMEN
IN
RECOVERY

APRIL 27

2022

ZOOM

SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH
7 - 8:30 p.m. CT

ON ZOOM

Meeting ID: 93507558272

Password: 259602

Link: zoom.us/j/93507558272

Phone-in: 312.626.6799

THRIVING IN THE EYE OF THE HURRICANE: UNLOCKING YOUR RESILIENCE IN OUR TURBULENT TIMES AND IN RECOVERY

Joseph Bailey

Joe will share from his new book *Thriving in the Eye of the Hurricane*, which is a guide to finding true serenity in recovery and being resilient in the face of all the challenges we face in our turbulent world today. Joe will share principles that guide us to the hope of transformation and awakening to our true spiritual nature.



JOSEPH BAILEY, M.A., L.P. is a licensed psychologist, author, seminar leader, consultant, public speaker, and psychotherapist. His work has included co-founding The Minneapolis Institute of Mental Health, developing programs for numerous hospitals. He has also worked extensively in treatment centers for addictions.

Joseph is author of six books with over a half million in print including the best seller, *Slowing Down to the Speed of Life* with Dr. Richard Carlson, *The Serenity Principle*, *The Speed Trap*, *Slowing Down to the Speed of Love*, *Fearproof Your Life: How to Thrive in a World Addicted to Fear*, and newly released *Thriving in the Eye of the Hurricane: Finding Your Resilience in Our Challenging Times*. You can learn more about Joe and his work at www.joebaileyandassociates.com.

Until further notice, all
meetings are on ZOOM

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The mission of Women in Recovery is to create a caring community that provides education and spiritual growth opportunities for women in 12-step recovery programs.

www.theretreat.org/women-in-recovery | WIR@theretreat.org | [fb/insta: @WomenInRecoveryMN](https://fb/insta:@WomenInRecoveryMN)