



WOMEN
IN
RECOVERY

FEB 23

2022

WOOM

SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH
7 - 8:30 P.M. CT

ON ZOOM

Meeting ID: 93507558272

Password: 259602

Link: zoom.us/j/93507558272

Phone-in: 312.626.6799

THE PROMISES OF STEPS 8 & 9

Polly Pistole

Polly will lead us through the process of taking steps 8 and 9: Making a list of those we've harmed, becoming willing to make amends to them all, and making direct amends whenever possible.

Her insights will help us understand the ways in which we can harm others, emotionally, physically, and spiritually. Polly offers creative ideas on how to make amends that we didn't think possible.



You don't want to miss this!

POLLY PISTOLE has been active in 12-step recovery for more than 44 years, including 38 years in Al-Anon. She has been giving talks on steps 8 and 9 for more than 20 years, carrying the message to the recovery community all over the world, including in the U.S., Canada, Iceland, England, and Australia.

Check theretreat.org/women-in-recovery for up-to-date information on location each month (in-person, zoom, or hybrid)

LEARN • GROW • CONNECT

The mission of Women in Recovery is to create a caring community that provides education and spiritual growth opportunities for women in 12-step recovery programs.

www.theretreat.org/women-in-recovery | WIR@theretreat.org | [fb/insta: @WomenInRecoveryMN](https://fb/insta:@WomenInRecoveryMN)