



WOMEN  
IN  
RECOVERY

## SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH  
7 - 8:30 p.m. CDT ON ZOOM

### LEARN • GROW • CONNECT

The mission of Women in Recovery is to create a caring community that provides education and spiritual growth opportunities for women in 12-step recovery programs.

JUNE 23

2021

## POETIC EXPRESSION FOR GROWTH AND HEALING

Participants will experience the ways in which poetic expression can enhance our wellbeing by inspiring us to cultivate gratefulness and affirm our resilience in coping with life's challenging situations. During our time together, we will share reactions to selected poems and have opportunities to generate our own creative expressions.



*GERI CHAVIS, M.A., Ph.D., is a licensed psychologist, certified poetry therapist, poetry therapy mentor/supervisor and professor emerita of Humanities at St. Catherine University. Geri is a past president and longtime board member of the National Association for Poetry Therapy and has authored two books that are required readings for those acquiring certification in the poetry/bibliotherapy field: Poetry and Story Therapy: The Healing Power of Creative Expression and The Healing Fountain: Poetry Therapy for Life's Journey.*



MEETING ID: 935 0755 8272 • PASSWORD: 259602  
LINK: [zoom.us/j/93507558272](https://zoom.us/j/93507558272) • PHONE-IN: 312.626.6799