



WOMEN  
IN  
RECOVERY

MAY 24  
2023

## SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH  
7 - 8:30 p.m.

In-person and on Zoom

### IN-PERSON

Hennepin Avenue United Methodist Church  
511 Groveland Ave, Minneapolis, MN 55403

6:30 p.m. Refreshments & Fellowship

7:00 p.m. Programming

### ZOOM

ID: 604 752 4401 • Password: WIR

7 - 8:30 p.m. CT

LEARN • GROW • CONNECT

Our programming this year focuses  
on **Connection** – to our Higher Power,  
Ourselves, and Our Community

[theretreat.org/women-in-recovery](https://theretreat.org/women-in-recovery) | [WIR@theretreat.org](mailto:WIR@theretreat.org)  
fb/insta: @WomenInRecoveryMN

## RECONNECTING WITH OUR BODIES: SEX, INTIMACY, AND SOBRIETY

### Kelli Clement

Join Rev. Kelli Clement for a conversation about intimacy before and after sobriety. Healing and letting go of the hurt of past trauma, promiscuity, reproductive decisions, changing sexuality, and/or body image may be rich areas of exploration for women in recovery. Let's explore how this work can help us not regret the past nor wish to shut the door on it.



REV. KELLI CLEMENT (sober date 5-19-97) is a Unitarian Universalist minister at the First Unitarian Society of Minneapolis and the St. Croix UU Fellowship in St. Croix Falls, WI. She is a doctoral student at United Theological Seminary of the Twin Cities. Kelli is an active sponsor and sponsee, and her home group is the Day by Dei Online Women's Meeting on Saturday mornings.

**What is Women in Recovery?** We are a community of women in 12-step programs looking to supplement our recoveries through bimonthly speaker meetings and special events. We aim to create a caring community that provides education, spiritual insight, and growth opportunities.

**Who attends?** Women in a variety of 12-step programs—AA, NA, Alanon, OA, CoDA. Some of us have been around for years; some of us are new to recovery. We all want to learn, grow, and connect. You don't have to be a Retreat alum to join us! All are welcome!

**Why should I attend?** Our events are designed *by* women in recovery *for* women in recovery—we understand the challenges women face. We know it's important to get involved in a sober community and stay connected, whether you are four days sober or 40 years. This is not an AA meeting, but a supplement to your program of recovery.