



WOMEN  
IN  
RECOVERY

SPEAKER SERIES

FOURTH WEDNESDAY OF THE MONTH

OCT 26, 2022 AT 7PM

## THE ENNEAGRAM (PART 2): FREEING OURSELVES FROM THE PRISONS OF OUR OWN MAKING

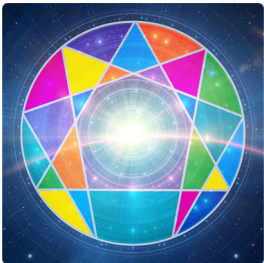
Phil GebbenGreen

What if there is nothing wrong with you? The Enneagram is a psychological and spiritual tool that helps us see what is powerfully right about ourselves. By studying the nine Enneagram Types and finding our home-base pattern, we can begin to understand and accept why we do what we do, finding the freedom to truly be ourselves.

In September and October, we will:

1. Remember what is good and amazing about ourselves
2. Invite ourselves to take full responsibility for our own thoughts, feelings, and actions
3. Experience the freedom of self-awareness, using the tool of the Enneagram

Read a brief description of all nine Enneagram Types at [enneagraminstitute.com](http://enneagraminstitute.com).



PHIL GEBBENGREEN is a lifelong learner and teacher interested in big questions like, *Why do we do what we do?* and *What if love is the only real thing?* He is a Presbyterian co-pastor with his wife, Luna, and teaches with the Enneagram Prison Project.

WE ARE  
MEETING  
IN-PERSON!  
JOIN US!!

Women in Recovery is now meeting in person! We are so excited to be able to come together again in fellowship. WIR Speaker Meetings will take place at Hennepin Avenue United Methodist Church in the basement. Greeters at the door will guide you to the meeting space downstairs. We hope to see you there!

For those who are unable to attend in person, we are offering an online option.

LEARN • GROW • CONNECT

The mission of Women in Recovery is to create a caring community that provides education and spiritual growth opportunities for women in 12-step recovery programs.

[theretreat.org/women-in-recovery](http://theretreat.org/women-in-recovery) | [WIR@theretreat.org](mailto:WIR@theretreat.org)

Hybrid  
info:

Zoom ID: 935-0755-8272 Password: 259602

Hennepin Avenue United Methodist Church  
511 Groveland Ave, Minneapolis, MN 55403

6:30pm  
7:00pm

Refreshments & Fellowship  
Programming