

What a Year it has Been!

A weekend retreat with Roger B.

Each year has its blessings, heartaches, and lessons. Although we definitely want to embrace what we have to celebrate, we often want to push mistakes aside, or blame someone or something else for the situation. When we do this, we also push away the "seed" of the answer or learning.

This weekend we will explore the year that was – preparing ourselves for the year that will be. We'll create space to gain a deeper understanding of how shame and fear often paralyze us – and how our basic instincts can become reliant on fear and shame as a false reality. When this happens, we find ourselves doing the same things over and over again, hoping for a different response (rinse and repeat)! If we can't understand the source of our mistakes, we can't learn. Freedom comes from discovering the answers that reside within our "mistakes". Together we will embrace all that happened in this past year, and set the stage for freedom to flourish in the New Year.

\$325/person

includes lodging, food & materials.
Scholarship funds are available.

Dec 26–28, 2025

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN
NOON SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer. Space is limited.
A minimum of 30 days of continuous sobriety is required to attend our spiritual retreats.

ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- Nourishment**, with meals prepared by our award-winning chef



ROGER has been active in 12 Step recovery for more than 46 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION CONTACT
Jen or Sherry @ 952.476.0566
TheRetreat.org

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If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

PLEASE SIGN ME UP!

LAST NAME _____ FIRST NAME _____

ORGANIZATION _____ TITLE _____

ADDRESS _____

CITY / STATE / ZIP _____

DAY PHONE _____ MOBILE PHONE _____

EMAIL ADDRESS _____

\$325/person includes lodging, food & materials. Scholarship funds are available.

\$75 of this fee is a non-refundable/non-transferrable deposit

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # _____ EXP/ DATE _____

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE _____

Please make your payment along with completed Registration Form to the address below:

The Retreat
1221 Wayzata Boulevard East
Wayzata MN 55391
952.476.0566 or 1.877.446.9283
FAX : 952.404.7208
theretreat.org

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Weekend retreat with Roger B.
Friday, December 26 - Sunday, December 28, 2025
Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday
The Mclver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

