

# Keeping the Lights On

A weekend retreat with Roger B.

Now that we've made some progress working the Steps, how do we keep it going? How do we keep growing? Exploration of Steps 10-12 makes this possible. There is only ONE problem...our thoughts. Sometimes our thoughts tell us that since we are doing better than where we were previously, we don't need to do anything further. What are the thoughts we currently have that separate us from the solution, recovery, and the Power?

We will explore these questions, and move beyond these obstacles, together.

**\$255/person**

includes lodging, food & materials.  
Scholarship funds are available.

**OCT 25 - 27, 2019**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN

Noon SUNDAY // CHECKOUT

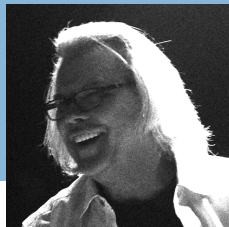
## WHERE

The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer.

Space is limited.



**ROGER** has been active in 12 Step recovery for 40 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef

FOR MORE INFORMATION  
CONTACT

**Chris or Sherry @ 952.476.0566**  
**TheRetreat.org**

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If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

PLEASE SIGN ME UP!

LAST NAME FIRST NAME

ORGANIZATION TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE MOBILE PHONE

EMAIL ADDRESS

**\$255/person** includes lodging, food & materials.  
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*\$50 of this fee is a non-refundable/  
non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**  
1221 Wayzata Boulevard East  
Wayzata MN 55391  
952.476.0566 or 1.877.446.9283  
FAX : 952.404.7208  
theretreat.org

**Keeping the Lights On**  
**Weekend retreat with Roger B.**  
Friday, October 25 – Sunday, October 27, 2019  
Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday  
The McIver Center at The Retreat  
1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

