

Detoxing the Spirit

A weekend retreat with Roger B.

Before we were able to get help for our disease, we needed to detox our bodies. We often sought medical help with this. The experience was unpleasant, at best, and not something we'd like to experience again anytime soon. We thought that if we could get through this, we could get through anything.

Detoxing our bodies creates the pathway for the real task to be revealed. How do we detox our Spirits? How is that even possible when our thinking continues to be negative, goofy, or self-destructive? During this weekend retreat we will explore these questions, and discover solutions, together.

\$255/person

includes lodging, food & materials.
Scholarship funds are available.

MAR 27 - 29, 2020

SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN
Noon SUNDAY // CHECKOUT

WHERE

The McIver Center at The Retreat
1351 Wayzata Boulevard East, Wayzata, MN

REGISTER

Complete the reverse side of this flyer.
Space is limited.

ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef



ROGER has been active in 12 Step recovery for more than 41 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

FOR MORE INFORMATION
CONTACT

Chris or Sherry @ 952.476.0566
TheRetreat.org

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If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

PLEASE SIGN ME UP!

LAST NAME FIRST NAME

ORGANIZATION TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE MOBILE PHONE

EMAIL ADDRESS

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*\$50 of this fee is a non-refundable/
non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

The Retreat
1221 Wayzata Boulevard East
Wayzata MN 55391
952.476.0566 or 1.877.446.9283
FAX : 952.404.7208
theretreat.org

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Friday, March 27 – Sunday, March 29, 2020
Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday
The McIver Center at The Retreat
1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

