# Relationships as a Spiritual Practice Gaugler-Stewart and Ken Stewart

A weekend retreat with Sherry

Many of us have found that implementing the principles found in the 12 Steps has helped us lives, but not necessarily our relationships. How to live successfully with others can be found within our Traditions. The Traditions are based in unity, which is a cherished quality in the fellowships of AA and Al-Anon. Although, originally created to help promote growth and harmony in the group setting, they have been found to be guidelines for our behavior. This retreat will focus on the use and application of the 12 Traditions to heal and enrich all relationships. This is not limited to couples. The ideas and principles used have been found to work for all.

\$255/person

includes lodging, food & materials.

### APRIL 24 - 26, 2020

#### SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN 1:00pm SUNDAY // CHECKOUT

#### WHERE

The McIver Center at The Retreat 1351 Wayzata Boulevard East, Wayzata, MN

#### REGISTER

Complete the reverse side of this flyer. Space is limited.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- Connection with others on this spiritual path, including group discussion
- Exploration of spiritual practices to use individually and in connection
- Nourishment, with meals prepared by our award-winning chef



KEN AND SHERRY are husband and wife, co-workers and friends—plenty of relationships just between the two of them! Both have studied the Traditions with sponsors and sponsees and in a couple's group they attend monthly. They strive to keep God in the center of their relationship, and are constantly learning and growing in this practice. They previously hosted a monthly meeting at The Retreat with the same topic name.

FOR MORE INFORMATION Chris or Sherry @ 952.476.0566 TheRetreat.org



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### PLEASE SIGN ME UP!

If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

LAST NAME		FIRST N	AME
ORGANIZATION		TITLE	
ADDRESS			
CITY / STATE / ZIP			
DAY PHONE		MOBILE PHONE	
EMAIL ADDRESS			
\$255/person	includes lodging, food & materials. Scholarship funds are available.		\$50 of this fee is a non-refundable/ non-transferrable deposit
☐ My check made payable to The Retreat is enclosed.			
Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$			
CREDIT CARD #		EXP/ DATE	
NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE			

Please make your payment along with completed Registration Form to the address below:

The Retreat

1221 Wayzata Boulevard East Wayzata MN 55391 952.476.0566 or 1.877.446.9283

FAX: 952.404.7208 theretreat.org

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Friday, April 24 – Sunday, April 26, 2020 Check-in 4:00 – 5:30pm on Friday | Check-out 1:00pm on Sunday The McIver Center at The Retreat 1351 Wayzata Blvd. E. | Wayzata, MN

the retreat