

# The Trap of the False Self

A weekend retreat with Roger B.

During this weekend retreat, we will explore our False Self which is always concerned with the external. It's always driven by the thoughts of "I am what I do. I am what I have. I am what you think of me." — living in the illusion that we are separate from each other and from God. Where does that thinking come from? And what are some alternatives to this way of thinking? How do we evolve from living in an emptiness (that is never satisfied) as the result of trying to address an infinite need with a finite solution.

This weekend retreat is open to all 12 Step programs.

**\$255/person**

includes lodging, food & materials.  
Scholarship funds are available.

**APRIL 26 - 28, 2019**

## SCHEDULE

4:00pm - 5:30pm FRIDAY // CHECKIN

Noon SUNDAY // CHECKOUT

## WHERE

The McIver Center at The Retreat  
1351 Wayzata Boulevard East, Wayzata, MN

## REGISTER

Complete the reverse side of this flyer.

Space is limited.



**ROGER** has been active in 12 Step recovery for 40 years, is a Spiritual Director, and an effective teacher. He takes to heart the necessity of daily maintenance of our spiritual condition and continues "to seek", as directed in the 11th Step, to grow in his own relationship with God. He has a deep concern for individuals in 12 Step Recovery and has extensive experience carrying the message of recovery. He has facilitated workshops and retreats in the Midwest and Canada.

## ATTENDEES WILL EXPERIENCE

- An opportunity to **retreat** from the pull of the daily distractions in our lives
- **Connection** with others on this spiritual path, including group discussion
- Time for **reflection** to create space for movement from fear to freedom
- Exploration of **spiritual practices**
- **Nourishment**, with meals prepared by our award-winning chef

FOR MORE INFORMATION  
CONTACT

**Chris or Sherry @ 952.476.0566**  
**TheRetreat.org**

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If e-mailing this form, please do not include credit card information. If paying via credit card, please print and mail this form, or call us to process your payment.

PLEASE SIGN ME UP!

LAST NAME	FIRST NAME
ORGANIZATION	TITLE
ADDRESS	
CITY / STATE / ZIP	
DAY PHONE	MOBILE PHONE
EMAIL ADDRESS	

**\$255/person** includes lodging, food & materials. Scholarship funds are available.

*\$50 of this fee is a non-refundable/non-transferrable deposit*

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD #  EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**  
1221 Wayzata Boulevard East  
Wayzata MN 55391  
952.476.0566 or 1.877.446.9283  
FAX : 952.404.7208  
theretreat.org

**The Trap of the False Self**  
**Weekend retreat with Roger B.**  
Friday, April 26 – Sunday, April 28, 2019  
Check-in 4:00 – 5:30pm on Friday | Check-out at Noon on Sunday  
The McIver Center at The Retreat  
1351 Wayzata Blvd. E. | Wayzata, MN

SPONSORED BY : The Retreat

