



WOMEN
IN
RECOVERY

SPEAKER
SERIES

4th
WEDS
JAN-OCT

Hennepin Avenue United
Methodist Church
511 Groveland Ave
Minneapolis, MN 55403

6:30pm Refreshments & Fellowship
7:00pm Programming



August 28, 2019

EMBRACING YOUR STORIES

Colleen Baldrica

Colleen is the author of the multi-award winning book, *Tree Spirited Woman*, an insightful story that delivers a universal message about trusting, valuing personal relationships, letting go and living life to its fullest.

Inherent in our stories are lessons learned and wisdom collected. Colleen will share her journey and invite you to explore your own personal story: the good, the challenges, the joys, the dreams.



Inspired by the teachings of her Native American grandmother, Colleen Baldrica began her spiritual journey as a child. The wisdom of these teachings guided her while earning both a Masters degree in School Counseling and a PhD in The Philosophy of Education, as well as in becoming an award-winning author, presenter and teacher. Colleen's mission is to "Encourage and inspire others wherever they are in their life journey." Visit her website at treespiritedwoman.com for more information.