



WOMEN  
IN  
RECOVERY

SPEAKER  
SERIES

4th  
WEDS  
JAN-OCT

The Retreat  
1221 Wayzata Blvd E  
Wayzata, MN 55391

6:30pm Refreshments & Fellowship  
7:00pm Programming



January 22, 2020

## LETTERS FROM GOD: INTUITING & EXPERIENCING OUR HIGHER POWER

Paula Hutchinson & Michelle Simonsen



Women in Recovery will start the new year with what has become a tradition—intuiting and experiencing our personal Letters from God. Paula Hutchinson and Michelle Simonsen will be back to lead us through this powerful spiritual practice.

Join us as our journey into the Great Reality continues—healing our past and blessing our future!



*PAULA HUTCHINSON is a spiritual explorer and an aficionado of personal transformation stories. Paula has led groups in Art as a Spiritual Practice, utilizing various creative tools such as vision boards, black out poetry and art journaling. She particularly likes to share practices that allow us to ground ourselves through simple actions that clear a pathway for our hearts to open and connect to our divine wisdom.*



*MICHELLE SIMONSEN is a yoga instructor and certified recovery coach. Michelle believes that teaching the spiritual nature of yoga combined with the foundations of 12 Step addiction recovery creates a safe space for healing to begin. She enjoys guiding and supporting you on a path of recovery toward whole you—physically, mentally, emotionally and spiritually.*

Our mission is to create a caring community that provides education, spiritual insight, and growth opportunities for women in 12-step recovery programs.